



Save the Date

2016 MEEOA Conference:

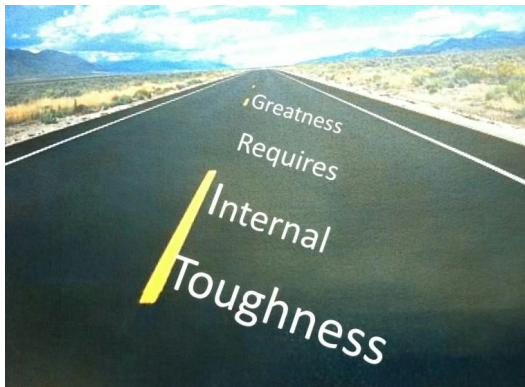


Got Grit? The Power of Character in Academic Success

January 7-8, 2016

Black Bear Inn

Orono, Maine



grit (n):
a student's ability to persevere in the face of difficulty until goals are met

Three tips to help your child develop GRIT:

- 1) Developing an optimistic mindset
- 2) Praising them effectively
- 3) Helping them cope with setbacks, disappointments and failure

Source: Devereux Center for Resilient Children, www.devereux.org